



# St Paul Regional High School

## SCHOOL NEWSLETTER

APRIL 2025

### School Calendar 2024-2025

- **Apr 03**— Graduation Picture Retakes
- **Apr 17**— PLC Day (No School)
- **Apr 18**— Good Friday (No School)
- **Apr 21**— Easter Monday (No School)
- **Apr 24**— Parent Advisory Meeting @7pm
- **Apr 25**— Marks Update
- **May 14**— Sports Photos
- **May 15**— PLC Day (No School)
- **May 16**— No School
- **May 19**— Victoria Day—No School
- **May 29**— Parent Advisory Meeting @7pm
- **May 30**— Marks Update
- **Jun 27**— Graduation
- **Jun 15**—Final Core Exams Begin
- **Jun 26**—PD Day
- **Jun 27**—Graduation



## May Hiking Trip

Our **May Hiking Trip** will run from **May 22 - 24, 2025** in **Waterton AB**.  
Forms will be available following the Easter break.



## PARENT PORTAL

*Looking for access to your students marks, attendance & more?*

**Log In to your PowerSchool Parent Portal today!**

Visit <https://powerschool.sperd.ca/public/>

Call Erin at 780-645-4491 in the office  
if you are unable to log in for any reason.

**Have you paid your school fees?**  
**\*\*See page 9 for more information\*\***



**Attendance**  
Safe Arrival App or call  
**1-844-502-5088**

It is the **responsibility of the parent or guardian**  
to contact the office to report any absences for  
a student.



This app also allows us to send text/email notifications  
about upcoming important dates, emergencies, and  
other communications. Please **DO NOT block the number**  
or you risk missing important information!

**Text 'Y' to 978338** to get notified!

## Cosmo SKILLS

**Congratulations to Avery Pederson**  
(1st in Jr Hairstyling) & **Tori Paradis**  
(2nd in Jr Hairstyling). Full results on page 4.



## APRIL 2025

MON	TUES	WED	THURS	FRI
	1 Burrito Bowl	2 Perogies(6) & Smokie	3 Popcorn Chicken & Fries	4 Pulled Pork Bun w/ Coleslaw
7 Beef Stroganoff on Noodles	8 Nacho Supreme	9 Chicken Caesar Salad w/ Garlic Toast	10 Meat Subs w/ Fries	11 Chili and a Bun
14 Chicken Strips (3) w/ Poutine	15 Ranchero Bake	16 Roast Turkey, Mash'd Spuds & Carrots	17 NO SCHOOL	18 GOOD FRIDAY
21 EASTER MONDAY	22 Chicken Alfredo w/ Caesar Salad	23 Mushroom Mozza Burger w/ Fries	24 Cream of Toma-to Soup w/ Grilled Cheese	25 Beef Stew w/ Bun
28 Lasagna w/ Caesar Salad	29 French Toast & Sausage	30 Mac & Cheese w/ Bacon		



# ATHLETIC AWARDS

**JUNE 12 '25**  
**8:00 PM**

**IN THE**  
**FINE ARTS THEATRE**

# 2025-2026 COURSE REQUESTS

## Current Grade 10 & 11s

Please login and submit your course requests for  
next year at

<https://powerschool.sperd.ca/public>  
or see Mrs. Kotowich-Dubrule ASAP.  
*Instructions were sent via your school email.*

## Board Approved 25-26 Calendar

### St. Paul Education Learning Calendar 2025-2026

#### August 2025

M	T	W	T	F
			1	2
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

#### September 2025

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

#### October 2025

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

#### November 2025

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

#### December 2025

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

#### January 2026

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

#### February 2026

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

#### March 2026

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

#### April 2026

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

#### May 2026

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

#### June 2026

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

#### LEGEND

First/last day of classes	
Instructional Day	
PLC Day	
Schools Closed	
Early Dismissal (2 pm)	
Catholic Formation	

#### Important Dates

August 27-29	PLC Days
<b>September 1</b>	<b>Labour Day</b>
September 2	First day of school
September 19	Division PLC Day
September 30	Truth & Reconciliation Day
October 9	Catholic Education Formation (SPECS, Racette, Mallaig only)
October 10	PLC Day
October 13	Thanksgiving
November 7	Schools closed
November 10	Schools closed
November 11	Remembrance Day
November 28	PLC Day
December 19	Early Dismissal
Dec 22 - Jan 2	Christmas Break
January 28	PLC Day
<b>January 29</b>	<b>First day of second semester</b>
February 11	Early Dismissal
February 12-13	Teachers' Convention
February 16	Family Day
March 9	PLC Day
March 30 - Apr 3	Spring Break/Good Friday
April 6	Easter Monday
April 24	PLC Day
May 14	PLC Day
May 15	Schools closed
May 18	Victoria Day
June 5	PLC Day
June 21	National Indigenous People's Day
<b>June 23</b>	<b>Last day of classes</b>



#### Approved School Holidays

Labour Day	Sept 1	Family Day	Feb 16
Thanksgiving Day	Oct 13	Spring Break	Mar 30-Apr 2
Remembrance Day	Nov 11	Good Friday	April 3
Christmas Vacation	Dec 22-Jan 2	Easter Monday	April 6
		Victoria Day	May 18

**Professional Learning Community** - PLC days provide opportunities for staff to work together on topics such as: school opening and closing, professional learning, sharing best practices, assessment, and supports for students.

**Catholic Education Formation (CEF)** - October 9, 2025

**Diploma Exam Schedule 2025-26:** October 27 - 30, November 3-7, January 12-15, 19-23, 26 & 27 April 7-10, 13-17, June 8-12, 15-19, 22-23

**Provincial Achievement Test Schedule 2025-26:** January 15, 19-23, 26 & 27, May 19-22, June 3 & 4, 8-12, 15-19, 22 & 23

## SPORTS HIGHLIGHTS

## SAINTS Handball



April 3 - 5 - Liliane Osborne Tournament (Edmonton)

April 25 - 26 - Salisbury Tournament (Sherwood Park)

Zone Handball: April 29 & 30 in Bonnyville

Provincial Handball: May 8, 9, & 10 in Edmonton (\*If Qualified)

## SAINTS Badminton

SPAA Badminton: April 16 in St. Paul

Zone Badminton: April 23 in Lac La Biche

Provincial Badminton: May 2 & 3 in Red Deer (\*If Qualified)



## SAINTS Track &amp; Field

SPAA Track and Field: May 21 in St. Paul

Zone Track and Field: May 28 in Bonnyville

Provincial Track and Field: June 6 & 7 in Calgary (\*If qualified)



#GOSAINSTSGO

## SAINTS Skills

## Moving on to PROVS:

Melony Skulski: 1<sup>st</sup> Baking

Avery Pederson: 1<sup>st</sup> Jr Hairstyling

Tori Paradis: 2<sup>nd</sup> Jr Hairstyling

Michael Elliott: 1<sup>st</sup> Welding

Cody Landiak: 2<sup>nd</sup> Auto Tech

Mattias Agnemark: 4<sup>th</sup> Welding

Landon Peters: 5<sup>th</sup> Welding

Noah Stark: 7<sup>th</sup> Welding

Nate Crook: 4<sup>th</sup> Carpentry

Zack Germain: 5<sup>th</sup> Carpentry

Wyatt: 6<sup>th</sup> Carpentry

Kadane McKenzie: 4<sup>th</sup> Auto Tech

Kadyn Bourne: 5<sup>th</sup> Auto Tech



# SPORTS HIGHLIGHTS



**SPAA FINALS! Our JV Girls took 1st and brought home the banner while our JV Boys finished 2nd.**

**Our Girls Handball team scored Bronze at their first tournament of the season - Great start ladies!**

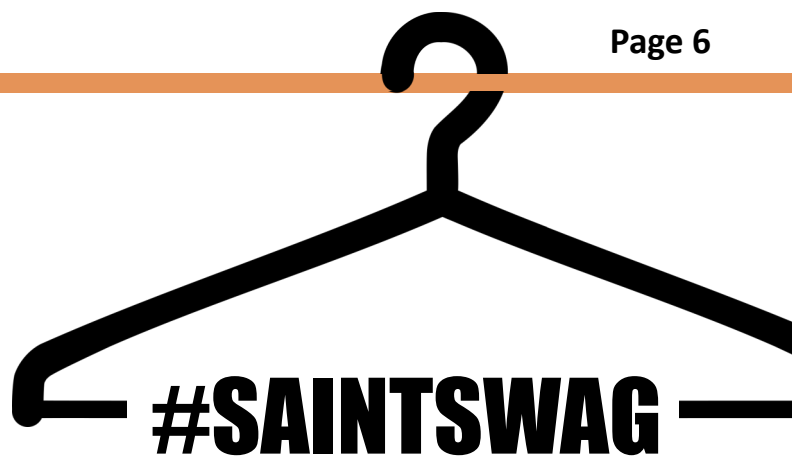
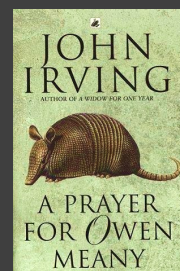
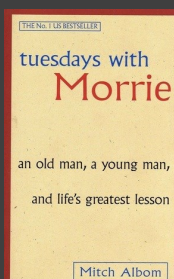
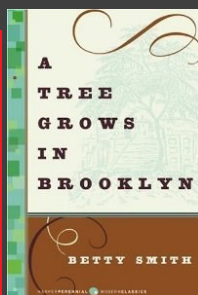
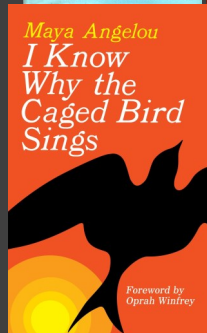
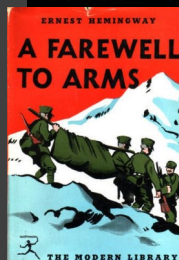
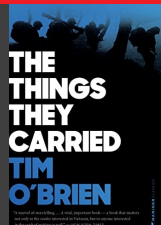
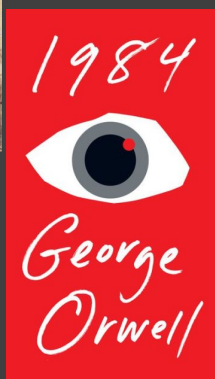
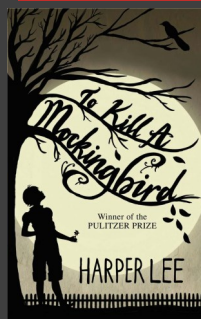
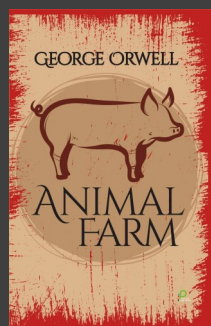
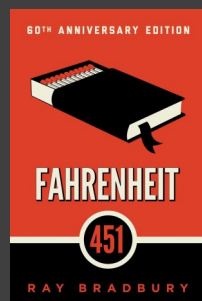
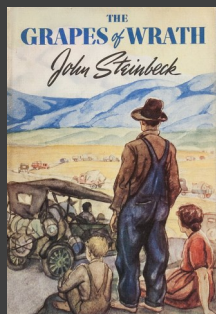


**Rocking our socks for World Down Syndrome Day!**



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# Most Influential Books for High School Students, According To Teachers



Check out our SCHOOL STORE  
for amazing Saints Gear!

*\*Gift Certificates are also available.\**

Open daily over the lunch break— across from the cafeteria.

# BUY A YEAR BOOK

\$50.00 each

SCAN  
CODE



This year's 2024-2025 yearbook can be **ORDERED ONLINE THROUGH LIFETOUCH**. Simply scan the code to the right. There is also a link on our school website under the 'students' tab.

Come to the library to see these,  
and many more, great reads, or  
visit our [website](#).

ID# 14790925

# Athletic Parents Association (APA)

The Athletic Parents Association (APA) was established in 2018 by a dedicated group of parents seeking to support our Athletic Program.

**Our mission is to provide financial assistance for:**

- The purchase of a new bus
- Various school teams
- Any additional requests made by the school, subject to committee approval.

**\*\*2024-2025 Fundraising Initiatives:\*\***

- August 31: 1st Annual St. Paul Regional High School Rodeo Mile
- Rodeo Security
- October 25 & 26: Camrose Casino
- December 18: Basketball Alumni Night - All profits were directed back to the basketball/volleyball program
- December 20: Online Raffle Box 50/50 - Winner: Daniel Swiegocki - All profits were directed back to the curling/basketball/volleyball programs

**\*\*Upcoming Events:\*\***

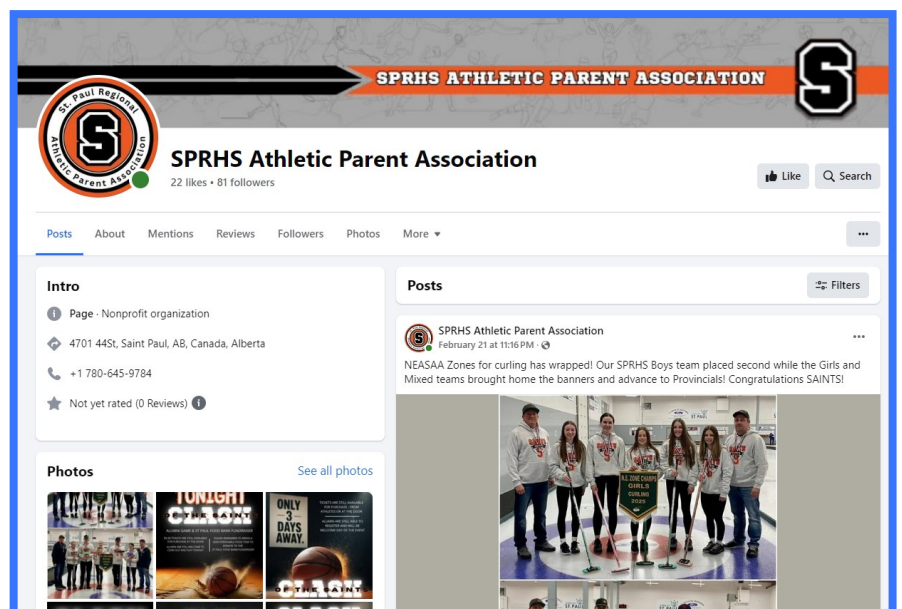
- April 11, 12, & 13: Concession stand for the high school rodeo
- Volunteers will be sought shortly, and emails will be distributed.
- Another Raffle Box 50/50 is anticipated, with proceeds benefiting our Badminton and Handball seasons.
- August 28-31: Rodeo Security (Tentative)
- August 30: Rodeo Mile

**\*\*Current Committee Members:\*\***

- **President:** Shelley Krankowsky (miaandkeely@yahoo.ca)
- **Vice President:** Denise Jean (denisejean6@yahoo.com)
- **Secretary:** Jennifer Germain (jennifergermain@hotmail.com)
- **Treasurer:** Serena Kennedy (serenakennedy5@gmail.com)
- **Fundraising/Casino Coordinator:** Sarah Looy (slooy1@hotmail.com)
- **School Liaisons:** Brandon Strocki (strobran@sperd.ca), Melissa Mahe (mahemeli@sperd.ca)

**Any questions,  
please reach out to a  
committee member!**

Check us out on  
**FACEBOOK**



M, E, N, T, A, L,

H, E, A, L, T, H,

M, A, T, T, E, R, S,

Cheryl Quinton  
 Family School Liaison Worker  
 quincher@sperd.ca  
 780 645-4491



## April Affirmations!

Most people use self-talk everyday, but unfortunately it is usually negative. Please consider that thought-stopping and reframing is an effective strategy to reduce anxiety and create a more positive mindset when dealing with challenges. Step 1. Recognize the negative thought and what caused it. Step 2. Stop the thought and start to reframe it into something positive. Step 3. Practice this and become aware of the reframing of negative thoughts to positive and soon your brain will do it automatically.



Students union organized a pie -throwing fundraiser in honour of Pi Day. They raised \$268 for the Food Bank and a number of staff suffered a pie to the face for their efforts. Nice work students!



## Need a Dress? Don't Stress!



Did you know that Regional has an impressive dress (and menswear!) collection for students in need. See Ms. Quinton or ask at the office if you are worried about having something to wear to celebrate Graduation.

We can help!



SchoolCashOnline

# SCHOOL CASH

**School fees will be accepted using School Cash Online** in an effort to minimize traffic in our schools and increase efficiency.

School Cash Online helps parents and community members pay school-related fees safely, quickly and easily.

The new system puts all of the school fees available to your student online for purchase. You can then choose to pay

these fees online through different methods, including credit cards, credit/debit cards and eCheck. You can also stay informed and keep track of which school fees require your attention.

**You are able to register – a simple task that takes less than five minutes – by visiting :**

<https://sperd.schoolcashionline.com>

*(If you do not receive an email verification please check your spam folder.)*

Please note: You do not need your child's student number. For security purposes St. Paul Education is not using unique student identification numbers. Please ensure "I do not have the student number" is selected when registering.

Also, upon registration you will be asked if you would like to receive notifications via email. **We strongly encourage you to say yes to this request in order to receive future notification of items available to purchase online.**

## 1 Create an account

## 2 Add students

## 3 Make a payment or complete a form

### How to create an account

1. Go to <https://sperd.schoolcashionline.com> and click **Register**. You can set a default language at the bottom of the SchoolCash Online site.
  - Type your first name, last name, and email address, and create a password.
  - Select a security question.
  - Select YES to receive email notifications. You will **not** receive any marketing emails. Selecting YES enables the system to send you notifications about school fees and items.
2. SchoolCash Online will send you a registration confirmation email. If you do not receive it, check your Spam folder.
3. Use your email address and password to log in.

## 1 Create an account

## 2 Add students

## 3 Make a payment or complete a form

### How to add a student to your account

1. Sign in to SchoolCash Online through <https://sperd.schoolcashionline.com>.
2. From the menu at the top of the page, navigate to MY ACCOUNT.
3. From the dropdown menu, select My Students.
4. Click to add a student.
  - Type in your School Board Name.
  - Select your school name from the list.
  - Enter student details. The system is fully secure, with [PCI certification](#).
  - Click Confirm.

## 1 Create an account

## 2 Add students

## 3 Make a payment or complete a form

### How to make a payment or complete a form

1. You will be able to view any available items or forms attached to your students that are set up on your account.
2. Select the item which you would like to purchase/complete and click "Add to Cart."
3. Once you have finished adding items to your cart, click "Continue".

You can pay or submit a form for multiple students' items in one checkout.

SPRHS

# CAREER CORNER

Mrs. Morrison Ph: 780-614-7458 [morrance@sperd.ca](mailto:morrance@sperd.ca) | Mrs. Kotowich-Dubrule Ph: 780-645-4491 [kotosusa@sperd.ca](mailto:kotosusa@sperd.ca)

## IMPORTANT DATES

April 3: Course registration opens at UAlberta for first year students

April 7: Course registration opens at MacEwan University for first year students

Apr 1: Concordia fall entrance scholarship deadline

Apr 9: Lakeland College virtual presentation during team XV in room 230

Apr 30: Deadline for guaranteed housing at University of Alberta

Apr 30: Field Trip to Try A Trade in Lloydminster

Apr 30: Bold Eagle application deadline

Apr 30: Deadline to pay the tuition deposit at Red Deer Polytechnic

May 1: Deadline to accept offer and pay the tuition deposit @ UAlberta



## SCHOLARSHIPS

We have several scholarships available for students to apply for.

- NADC Bursary (Apr 30)
- TransCanada Scholarships (for Indigenous students or any students going into the Trades or STEM field) ( May 2)
- Mary Poirier Young Leaders Scholarship (May 31)
- June 1st is a BIG deadline for many of our other local scholarships

More scholarship info at [sprhs.ca/parents/career-counselling/scholarships](https://sprhs.ca/parents/career-counselling/scholarships) and check out our 2025 Local Scholarship Booklet.

## JOB RESUME

Take this time to update your resume. We can help! Our Career Counsellors can guide you through writing a resume and cover letter and can give you some suggestions.

## SCHOLARSHIP ESSAY

Want someone to look over your scholarship essay and give you some feedback. Email your rough draft to Mrs. Morrison or share it with [morrance@sperd.ca](mailto:morrance@sperd.ca)

## COURSE REGISTRATION FOR POST-SEC

For those grade 12 students who are post-secondary bound , we need to start making some decisions . April/May/June is a busy time of the year because it's time to register for your 1st year university classes!! Many schools will offer registration online workshops and we encourage students

to sign up and learn about how to register for classes and plan with your post-secondary Academic Advisor. My advice: register EARLY for your classes! They are first come, first serve and so, it's important to plan your schedule ahead of time. \*Check your post sec email for info.

## BOARD MEETING

# HIGHLIGHTS



### 2025–26 Mennonite and Colony School Calendar

The regular calendar was approved on February 13, 2025. Superintendent Barron has developed an alternative calendar for the Two Hills Mennonite and Colony schools, which was approved by the Board of Trustees with an amendment to highlight dates that differ from the regular calendar. The 2025-26 calendar for these schools is now available on our [website](#).

### 2026–27 Calendar Draft

The Board of Trustees reviewed a draft of the 2026-27 school calendar. Due to the timing of the Labour Day weekend, the proposed calendar requires school to start before the long weekend. The draft will be shared with school leaders and school councils for further feedback.

### Alberta Education Assurance Surveys

The Alberta Education Assurance Survey is underway and will remain open until March 21. This survey gathers valuable feedback from students, parents, and staff on key areas such as student achievement, learning supports, and school climate. The results will help shape Division priorities and guide continuous improvement efforts. New this year, schools will provide random access codes to parents to encourage broader participation. More information is available [here](#).

### Snow Plow Naming Contest

Schools across the Division were invited to participate in the County of St. Paul's Snow Plow Naming Contest. We are pleased to share that several winning names were submitted by both individual students and class entries. To celebrate, the County of St. Paul brought a grader to each of the classes that participated in the final vote, providing students with the opportunity to see their named equipment up close. To view the list of winning entries from the Division, click [here](#).

### Scholarship Booklet

The Division's [2025 Scholarship Booklet](#) is now available. Graduating students can explore a variety of scholarships, awards, and bursaries to support their future education. Thank you to our generous sponsors for making these opportunities possible!

### 2025–26 Bus Transportation

The Division is considering implementing an earlier bus registration deadline, potentially by the end of June, to improve route planning. Since parents pre-register for school in the spring, a similar approach for transportation is being explored to enhance efficiency.

## Information Technology Report

Cody Machney, Division Technology Department Lead, presented an overview of recent technology investments, including upgraded Wi-Fi and network security, enhanced backup systems, and improved support processes. Many classrooms now feature new larger screens, touchscreen Chromebooks, and in-class audio systems to enhance student learning. A proactive approach to technology planning ensures schools remain equipped with emerging tools while maintaining security and efficiency.



## Provincial Budget and Financial Report

The provincial budget, released on February 27, includes a shift in the Weighted Moving Average (WMA) funding model from a three-year to a two-year average, which will benefit divisions experiencing growth but may disadvantage St. Paul Education due to declining enrolment. A new technology grant has been introduced, and most supporting grants will see a minimal increase, though this may not fully offset rising costs. The Division is awaiting its funding profile to assess the local impact. Additionally, potential federal changes to Jordan's Principle funding could have significant financial implications if provincial school boards are no longer eligible to access it.

The Division remains on track with the 2024-25 budget.



## Capital Plan Approval

The Board approved the 2025-26 capital priorities for submission to Alberta Education. While most schools are in good condition, several older buildings require modernization or replacement to meet current standards. With enrollment growth not expected, the focus is on optimizing facilities to improve efficiency and reduce costs. The Division's priority ranking includes replacement of Ecole Mallaig School and modernization of the Elk Point Elementary, New Myrnam and Heinsburg Schools. These improvements are subject to provincial funding approval, and construction cost estimates will be based on Alberta Infrastructure projections.

## April Board Meeting Date

The next Board meeting is scheduled for April 9, 2025, at 12:30 p.m. at the Division Office. A livestream will be available on the Division's [YouTube page](#).

**For more information,  
contact:**

**Dr. Peter Barron**  
**Superintendent of Schools**  
**[barrpete@spemd.ca](mailto:barrpete@spemd.ca)**



**St. Paul Education**

*Learning Together, Growing Together*

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**[www.stpauleducation.ab.ca](http://www.stpauleducation.ab.ca)**